

DO I KEEP MY CHILD HOME FROM SCHOOL?

Just reminders...DO NOT send your child to school if ANY of these signs or symptoms has occurred in the previous 24 hours:

- Vomiting, nausea, and abdominal pain
- Elevated temperature (100° or higher) without the use of fever reducing medication
- Repeated diarrhea (3 or more /day)
- Acute cold with thick nasal drainage, sore throat or persistent cough
- Red or inflamed eyes, or discharge from eyes
- Unusual lethargic behavior
- Frequent asthma attacks that are not responsive to normal medication
- Head Lice

There will be times when it is difficult to tell when your child is too ill to go to school. Like adults, children have very different tolerances to discomfort or illness. Even the common cold affects everyone differently. If your child is coughing continuously, he or she will not be able to concentrate and will disrupt others in the classroom. A day of rest at home combined with lots of fluid speeds their recovery.

If you decide to send your child to school when he or she is on the “borderline” of being ill, it is a good idea to call your school nurse or health aide. *BE SURE* to let the school know where you can be contacted in case your child’s condition worsens. If your child is sent home from school with a fever above 100° or who has vomited they should stay home the following day and until they are vomit and fever-free for 24 hours.

If your child is diagnosed with Strep throat he/she must have 24 hours of antibiotics and be fever-free before returning to school.

Pink eye (conjunctivitis) –If your child has symptoms of pink eye at school (red & inflamed eyes with drainage), the nurse will call you and encourage you to seek medical treatment. Immediate exclusion is not always necessary. If the physician diagnoses your child with bacterial pinkeye, he/she must be excluded from school until 24 hours of antibacterial treatment is administered.

CONTACT YOUR HEALTH CARE PHYSICIAN FOR QUESTIONS