



MILFORD AREA SWIM TEAM

Swim Fast. Have fun.

COMPETITIVE SWIMMING ...

- Is a fun and challenging individual and team sport
- Builds strong, healthy bodies and minds
- Instills self-discipline and confidence

... if this sounds good, come join MAST –
Milford Area Swim Team!!!

- Proud member of USA Swimming
- Enthusiastic, experienced, and knowledgeable coaching staff
- Providing instruction to swimmers 5 years and up
- Conveniently located at Milford High School natatorium
- Competitions typically in Cincinnati area, with occasional optional travel meets

**2021 Fall / Winter Season
Practices begin Monday,
September 13**

Registration now open!

2021 Pre-Season Stroke Clinics

Clinic #1: Aug 23 – 26

Clinic #2: Aug 30, 31 & Sept 2 & 3

New Swimmer Evaluations

- End of Aug & early Sept
- New swimmers work 1-on-1 with MAST coach to place in the appropriate practice group

Information Open House

Sept 2 - 7:00 – 8:00 pm at Milford High School Pool

For more information contact

coach.monty@milfordswimming.org

www.milfordswimming.org

or follow us on social media



swimmast